

Rommie Duckworth, LP
Lieutenant / EMS Coordinator

How Dead is Dead? Real-World Cardiac Arrest Management Using the AHA Guidelines.

Do some cardiac arrests make you feel like you're just going through the motions? If we got into EMS to save lives then why doesn't it work that way in real life? Can we really save MOST of the people in V-fib? When should we "call" the code? Most importantly, how are the 2010 changes supposed to work in the real world? Using his insight as AHA National Faculty Rom Duckworth presents an entertaining and energetic debate about how, when and why resuscitation should be run in 2012 connecting the latest research with the way things are really done on the street.

An emergency responder for twenty years with career and volunteer fire departments, public and private emergency medical services and hospital based healthcare, Rom Duckworth is an internationally recognized speaker, firefighter, paramedic and educator. Rom is currently a career Fire Lieutenant, EMS Coordinator and an American Heart Association National Faculty. Visit Rom at www.romduckworth.com.

After attending this session, the learner will be able to:

1. Recall what we need to pour our efforts into and when we should pull back.
2. Discuss the AHA Guidelines for recognizing futility and termination of resuscitation.
3. Recall tools, tips, tricks and toys: What works and what doesn't.

Content Outline:

1. Are we doing our best?
2. Death determination and termination of resuscitation
3. Withholding resuscitation
4. Emotional support and follow up
5. Team processes
 - a. Moving away from ACLS busywork
 - b. CPR
 - c. Post resuscitation care