

THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY, INC.



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NYC REMAC

Advisory No.	2020-11		
Title:	Clarified: Cardiac Arrest Standards for Disaster Response		
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The Regional Emergency Medical Advisory Committee (REMAC) of New York City is responsible to develop, approve and implement prehospital treatment and transport protocols for use within the five boroughs of the City of New York. The Regional Emergency Medical Advisory Committee (REMAC) of New York City operates under the auspices of Article Thirty of the New York State Public Health Law.

The purpose of this advisory is to clarify various cardiac arrest guidelines that have been released by NYC REMAC, FDNY EMS and BEMS.

The NYS DOH BEMS requested dissemination of its Cardiac Arrest Standards of Care During the COVID-19 Pandemic Guidance Document. This guidance document provides an evidence-based approach to a crisis standard of care.

- **AT THIS TIME, THE NYC REGION IS NOT AT A LEVEL OF CRISIS THAT WOULD REQUIRE THIS STANDARD.**

The NYC Region will continue to resuscitate patients in cardiac arrest in compliance with NYC REMAC ADVISORY 2020-08.

- For all **ADULT** (18 years or older) non-traumatic and blunt traumatic cardiac arrests:
 - If a DNR is presented or the patient meets criteria for obvious death (ex. Rigor), do not initiate resuscitation.
 - In all other cases, resuscitation shall consist of the minimal number of providers necessary, in PPE (N95, eye-shield, gloves and gown).
 - Providers may terminate resuscitation (CPR), **WITHOUT** prior OLMC approval, if all of the following are present:
 1. Resuscitation by EMS providers attempted for at least 20 minutes.
 2. AED had “no shock indicated” and/or the ALS monitor shows a non- shockable rhythm throughout the resuscitation.
 3. Return of Spontaneous Circulation (ROSC) was not achieved at any time during resuscitation.
- If all of the above requirements are not met, OLMC **MUST** be contacted **BEFORE** termination of resuscitation.

Current and Updated Protocols can be accessed at the Regional EMS Council website: www.nycremsco.org.

Owners/operators of Ambulance and ALS First Response Services providing prehospital medical treatment within the five boroughs of the City of New York are responsible to provide copies of the NYC REMAC Prehospital Treatment Protocols to their personnel, and to ensure that Service Medical Directors and EMS personnel are informed of all changes/updates to the NYC REMAC Prehospital Treatment Protocols.

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